

2012 INNIS ARDEN TENNIS PROGRAM

The Innis Arden Activities Committee is proud to sponsor the 2012 tennis program. Our program provides QuickStart-inspired instruction for girls and boys ages 6-16, team tennis, adult classes, and drop-in drills (new this year!) All residents and non-residents are eligible to participate in the Innis Arden Tennis Program activities.

KEY DATES

Sign-up Deadline	06/07/12
Class Session (6 weeks)	06/25/12 – 08/03/12
Team Tennis Matches	07/11/12 – 08/08/12
End-of-Season Party	8/5/12

Drop-in Drills for Adults and Teens

Organized workout designed to make the student hit a maximum number of balls for an hour, using all the basic strokes; ball machines are often used. First-come and pay-as-you-go format. Drop-in Drills are held 1-2 times per week. Schedule will be posted on bulletin board across from courts.

Classes - All classes meet twice weekly for 6 weeks (12 lessons) for 1-hour at the Innis Arden Tennis Courts. 1-2 make up classes may be offered the week of 8/6 to cover any rained out classes.

Coaches - We are excited to welcome back MacKenzie Bang as our new head coach. MacKenzie has been the Assistant Coach for the past 3 years, grew up taking lessons and playing tennis at IA and Shorewood. She is currently a sophomore at Seattle Pacific University. Our new assistant coach is Hunter Nelson. Hunter is graduating from Shorewood High School this spring and will be attending Whitman in the fall (possibly playing tennis!) Hunter also took lessons at Innis Arden, played for IA tennis, and Shorewood. We are thrilled to have him as a new coach working with MacKenzie!

Registration – Follow the instructions on the attached form to register. Class rosters will be posted on the board across from the tennis courts by June 24th.

PLAYER DEVELOPMENT LEVELS

YOUTH BEGINNER: This class is generally recommended for children 6-8 years old and is a good introduction for kids who have had no formal tennis exposure. These participants are essentially 1st time players who want to learn the fundamentals of the game. Tracking and contacting the ball will be a focus of this class with an introduction to forehand, backhand and volleys (possibly serves). Confidence through FUN & success is important for these kids.

ADVANCED BEGINNER: This class is generally recommended for children 9 and up. These players have a foundational understanding of the game of tennis and know the fundamentals of backhand, forehand & volleys. Emphasis will be on developing strokes, consistency of play and the basics of scoring all in a FUN environment to develop a love of tennis.

INTERMEDIATE: Players must have a solid understanding of the game of tennis, as well as strategy. Players have mastered the fundamentals of basic strokes & can serve the ball from the service line. Improvement of volleys & net play will be the focus of instruction. Instruction will also focus on base line play. The importance of sportsmanship will be emphasized.

ADULT BEGINNER/ADVANCED BEGINNER: These classes are designed to give adults an opportunity to play & learn with others. Instruction will cover fundamental tennis strokes. No previous tennis experience is required. Considerable amount of instruction will be given to developing and refining forehand, backhand, volleys & serves. Participants learn through specific stroke drills & match play.

COMPETITION: Players must have a very solid understanding of tennis rules & court etiquette during match play. These players are able to clearly understand the concepts of winning & losing. Players are able to enjoy being partnered with other players to compete. Players are dedicated to practice and enjoy playing competitively. There is consistency with forehands, backhands, volleys and serves. Players must be able to keep score within a tennis game format. These players have good agility, balance & coordination.

TENNIS TEAM: Players who are ready for competitive matches are encouraged to sign up for Tennis Team. Innis Arden participates in the North End Junior Tennis League (similar to swim team format) and plays in 5 matches on Wednesday afternoons at league tennis courts in the north Seattle area. The schedule is determined by the League and will run from July 11th through August 8th.

2012 INNIS ARDEN TENNIS REGISTRATION FORM

Complete this form for each participant and mail to the address below **BEFORE June 7th**. Include a \$10 late fee for each player after June 7th.

**IAAC - Attn: Shelley Brodersen
16725 15th Avenue NW,
Shoreline, WA 98177**

- Make checks payable to: IAAC (or Innis Arden Activities Committee)
- Include a \$10 late fee per player for registration after June 7.
- Non-resident fee an additional \$10 per class per participant.
- **Class rosters will be posted on the board across from the tennis courts June 25th.**

For additional questions regarding the registration process, contact Shelley at sbrodersen@mac.com or 425.381.3060.

PLAYER'S NAME _____ CHILD'S AGE _____

PARENT/GUARDIAN'S NAME _____

ADDRESS _____

PHONE _____ EMAIL _____

Class Title/Description	Days	Time	Resident Fee	Non-resident (+\$10)
<input type="checkbox"/> Youth Beginner (ages 6-8)	T/Th	10:00 a.m. – 11:00 a.m.	\$95	
<input type="checkbox"/> Youth Beginner (ages 6-8)	M/W	10:00 a.m. – 11:00 a.m.	\$95	
<input type="checkbox"/> Advanced Beginner (ages 9 and up)	T/TH	11:00 a.m. – 12:00 a.m.	\$95	
<input type="checkbox"/> Advanced Beginner (ages 9 and up)	M/W	11:00 a.m. - 12:00 p.m.	\$95	
<input type="checkbox"/> Intermediate (11 and up)	T/Th	12:00 p.m. - 1:00 p.m.	\$95	
<input type="checkbox"/> Intermediate (11 and up)	M/W	4:30 p.m. - 5:30 p.m.	\$95	
<input type="checkbox"/> Adult Beginner/Advanced Beginner	T/Th	9:00 a.m. – 10:00 a.m.	\$95	
<input type="checkbox"/> Adult Beginner/Advanced Beginner	M/W	5:30 p.m. – 6:30 p.m.	\$95	
<input type="checkbox"/> Competition class	M/F	1:00 p.m. - 2:00 p.m. 2:00 - 3:00 (assigned by skill level)	\$110	
<input type="checkbox"/> Tennis Team (includes FREE T-shirt)	W	Matches are from 12:30 - 3:30 p.m. starting approx. 7/6	\$55	
<input type="checkbox"/> T-shirt (optional purchase if not on Team)	Circle Size	YS/YM/YL/YXL/AS/AM/AL/AXL	\$10	
TOTAL CHARGES				

Comments: _____

CONTACT SHELLEY BRODERSEN FOR PRIVATE/SEMI-PRIVATE LESSON INFORMATION.